

**Diocese of Lafayette
Food & Nutrition Services**

**October 2019
Lunch Menu**

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| | <p>October 1, 2019 Tuesday Red Beans & Sausage Steamed Rice Steamed Broccoli Tossed Salad Cornbread Square Chilled Pears Choice of Milk</p> | <p>October 2, 2019 Wednesday Cheesy Chili Fries Whole Kernel Corn Chilled Applesauce Iced Vanilla Cake topped w/Chocolate Chips Choice of Milk</p> | <p>October 3, 2019 Thursday Pork & Sausage Jambalaya White Beans Sweet Potato Crunch Wheat Roll Chilled Peaches Choice of Milk</p> | <p>October 4, 2019 Friday Hamburger on Bun French Fries Stack of Trimmings Chilled Fruit Cup Chewy Brownie Choice of Milk</p> |
| <p>October 7, 2019 Monday Bowl of Chili Sweet Peas Garden Salad Corn Chips Chilled Pineapple Chunks Choice of Milk</p> | <p>October 8, 2019 Tuesday Country Fried Steak Mashed Red Potatoes & Gravy Whole Kernel Corn Wheat Roll Fresh Orange Sections Choice of Milk</p> | <p>October 9, 2019 Wednesday BBQ Pork Rib Patty Rice Dressing Baked Beans Buttered Parleyed Carrots Wheat Roll Raisins Vanilla Pudding topped with Chocolate Chips Choice of Milk</p> | <p>October 10, 2019 Thursday Chicken Alfredo Steamed Broccoli Peas & Carrots Homemade Breadstick Frozen Strawberry Cup Choice of Milk</p> | <p>October 11, 2019 Friday Beef Burritos Salsa Cup Texaso Ranchero Beans Chopped Lettuce & Tomato Cup Apple Juice Iced Chocolate Cake topped with Chocolate Chips Choice of Milk</p> |
| <p>October 14, 2019 Monday Mexican Pizza Salsa Cup Whole Kernel Corn Chopped Lettuce & Tomato Cup Fresh Pear Choice of Milk</p> | <p>October 15, 2019 Tuesday Salisbury Steak Steamed Rice & Gravy Black-eyed Peas Sweet Potato Crunch Wheat Roll Sautéed Apples Choice of Milk</p> | <p>October 16, 2019 Wednesday Pepperoni Pinwheel Fold Marinara Cup Steamed Broccoli Fresh Baby Carrots Chilled Pears Choice of Milk</p> | <p>October 17, 2019 Thursday Chicken & Sausage Pastalaya Green Bean Casserole Lima Beans Wheat Roll Chilled Applesauce Choice of Milk</p> | <p>October 18, 2019 Friday Crunchy Chicken on Bun French Fries Stack of Trimmings Sour Watermelon Raisins Peach Crisp Choice of Milk</p> |
| <p>October 21, 2019 Monday Baked Rotini Buttered Parleyed Carrots Popeye Salad Wheat Roll Chilled Pears Choice of Milk</p> | <p>October 22, 2019 Tuesday Fish Strips Macaroni & Cheese Seasoned Green Beans Tossed Salad Wheat Roll Frozen Strawberry Cup Choice of Milk</p> | <p>October 23, 2019 Wednesday Pork Stew Steamed Rice & Gravy Candied Yams White Beans Wheat Roll Chilled Applesauce Choice of Milk</p> | <p>October 24, 2019 Thursday BBQ Chicken Baked Beans Potato Salad Wheat Roll Chilled Peaches Choice of Milk</p> | <p>October 25, 2019 Friday Sloppy Joe on Bun French Fries Garden Salad Chilled Fruit Cup Gingerbread Choice of Milk</p> |
| <p>October 28, 2019 Monday Creole Sausage Steamed Rice Steamed Broccoli Sweet Potato Crunch Wheat Roll Fresh Orange Sections Choice of Milk</p> | <p>October 29, 2019 Tuesday Chicken Fajita on Tortilla Shell Salsa Cup Taco Fiesta Black Beans Chopped Lettuce & Tomato Cup Chilled Pineapples Choice of Milk</p> | <p>October 30, 2019 Wednesday Meat Sauce & Spaghetti Whole Kernel Corn Seasoned Green Beans Garlic Bread Pizza Sautéed Apples Choice of Milk</p> | <p>October 31, 2019 Thursday Turkey Roast Rice Dressing Black-eyed Beans Sweet Peas Wheat Roll Raisins Choice of Milk</p> | |

This institution is an equal opportunity provider.